



Medical and Surgical Eye Care

After Eye Surgery Instructions

Your eye will be patched following your cataract surgery. You may remove the patch 4 hours after leaving the surgical location. Please start all THREE eye medications after removing your patch. Use the drops again at suppertime and at bedtime tonight. You should continue using the drops the next morning as directed below:



ZYMAR: Use ONE drop FOUR times a day for SEVEN days.



PRED FORTE:

Use ONE drop four times a day for one week (Seven Days), then ONE drop three times a day for next one week then, ONE drop two times a day for next one week then, ONE drop one time a day for the next one-week then stop taking the drop.



ACULAR: ONE drop, four times a day for three days only.

Activities: You may resume ALL your normal daily activities. It is OK to bend for short periods of time.

Please avoid water in the operated eye for seven days.

Special Instructions: Please start all three eye medications immediately. Resume normal diet and tape eye shield over operated eye for one week while sleeping. Old glasses, magnifiers and sunglasses may be worn at any time.

It is normal for your eye to be slightly red, moderately sore, scratchy, itchy & have a mild discharge for a few days after surgery.

NOTIFY the doctors at The Hughes Eye Center (731-664-1994 or 800-945-1994) if you develop severe eye pain, persistent vomiting or nausea and or sudden vision loss.