



Medical and Surgical Eye Care

## After Eye Surgery Instructions

Jackson Office  
112 Stonebridge Blvd  
Phone: 731-664-1994  
Fax: 731-664-2903

Savannah Office  
2101 Wayne Road  
Phone: 731-925-7210  
Fax: 731-925-7279

Lexington Office  
225 Boswell Road  
Phone: 731-968-4239  
Fax: 731-968-4239

Patient Name: \_\_\_\_\_ Surgeon: \_\_\_\_\_

Surgical Date: \_\_\_\_\_ Procedure: Phaco with IOL \_\_\_\_\_ Eye

After Surgery Appointment:

Dr. \_\_\_\_\_ in: \_\_\_\_\_ on: \_\_\_\_\_ at: \_\_\_\_\_

### **MAKE SURE TO START ALL THREE MEDICATIONS TODAY**

**RED DOT** (ZYMAR or OCUFLOX or similar): Use ONE drop FOUR times a day for SEVEN days.  
You have been given a prescription for Zymar or Ocuflax.

**BLUE DOT** (PRED FORTE 1% or ECONOPRED or similar) - **SHAKE WELL!**

ONE drop four times a day for one week (Seven Days),  
ONE drop three times a day for next one week then,  
ONE drop two times a day for next one week then,  
ONE drop one time a day, for next one week, then stop taking the drop.  
If the bottle runs out early, please call your local eye doctor or The Hughes Eye Center

**YELLOW DOT** (ACULAR or VOLTAREN or DICLOFENAC) - **SHAKE WELL!**

ONE drop, four times a day for three days only.

**ACTIVITIES:** You may resume daily activities these include: shaving, reading, watching TV, climbing stairs, cooking & performing light house work. Bending is allowed. Showering & bathing are allowed but **AVOID GETTING ANY WATER IN YOUR OPERATED EYE FOR SEVEN DAYS. NO SWIMMING OR HOT TUBS FOR 2 WEEKS.**

### **SPECIAL INSTRUCTIONS:**

- Resume normal diet, Eye Shield is to be worn at night for 2 weeks, Glasses or sunglasses can be worn at you discretion.

### **NOTIFY Dr. Browning, Dr. Hughes or Hughes Eye Center IF THESE OCCUR:**

- Severe eye pain unrelieved by Tylenol, persistent vomiting or nausea and or sudden vision loss.

**1-800-945-1994**

**NORMAL SIDE EFFECTS:** It is normal for your eye to be slightly red, moderately sore, scratchy, itchy & have a mild discharge for a few days after surgery.